

PG Forum

REHAB CHALLENGE

9yr old child resident of Bangladesh presented to PMR OPD with c/o dull aching pain over left lower limb for last 6 months associated with difficulty in walking and limping gait. The difficulty in walking was first noticed by his parents at the age of 5 years. The condition was gradually progressive in nature. The boy was otherwise normal. There was no h/o developmental delay or speech impairment. There was no dental defect. No h/o trauma, visual impairment or hearing loss. On Inspection: - No facial asymmetry, café au lait macules + over trunk & B/L lower limb, swelling & flexion deformity at the left knee. No muscle atrophy noted. On Palpation:-tenderness over the left lower limb (hip, thigh, leg, ankle). Gross power-B/L U/L-5/5.Rt L/L-5/5.Left L/L-5/5. Sensory-All 4 limbs 2/2.Restricted ROM of left L/L. there was tightness of skin of all limbs, more in the lower limbs. All blood examinations were normal. X- Ray showed expansion of the bone associated with sclerosis of striated pattern noted in the diaphysis, metaphysis, epiphysis of left pelvis, thigh & leg. No evidence of fracture, dislocation is seen. He was diagnosed as Osteopathia Straita.

He was prescribed exercises and orthosis of knee.

Please opine regarding further management of the child.



Fig 1



Fig 2



Fig 3



Fig 4

Medical Philately

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Title	Mental Health
Denomination	P + 10¢
Date of Issue	September 14, 2009
Postal Administration	Canada
Perforation or Dimension	Simulated perforation = Dentelure simulée
Printer	Lowe-Martin Company Inc..
Creators	Design / Illustration: John Belisle (Signals Design Group). Design: Kosta Tsetsekas (Signals Design Group).
About Stamp	Did you know that one in five Canadians will suffer from a mental illness at some point in their lives? Unfortunately, despite its far-reaching scope, this issue is too often overlooked and stigmatized. In fact, it is so commonly kept hidden that it's been called the "Invisible Disease." The stamp, which features natural scenery flowing through the outline of a human figure, was designed by Vancouver's Signals Design Group. A tree was chosen as the stamp's central element because it symbolizes health, growth and maturity, all attainable for people affected by mental illness. The shape of the tree refers subtly to the human brain, while the path progresses towards better health and a fulfilled life.
Reference	Canada Post Corporation. Canada's Stamp Details, Vol. 18, No. 4, 2009, p. 6-7.

