

## REHAB CHALLENGES

A thirty year male patient suffered from open fracture of his left femur due to a massive road traffic accident. The wound (Fig 1) was ugly looking due to infection which was treated with intravenous antibiotic and blood transfusion in the department of Orthopaedics. The orthopaedic team was unable to do any open reduction and internal fixation due to the primary wound infection. Subsequently his wound was healed and partial weight bearing was started after development of some callus formation (Fig 2).

When the patient attended PMR OPD his knee and hip ROM were full and he was pain free. He was managing a sensible gait (Fig 3) with bilateral axillary crutches. But he wants to leave his crutches at this juncture (Fig 4).



**Fig 1-** X-ray after Wound Healing



**Fig 2-** Callus Formation



**Fig 3-** Good Standing Balance



**Fig 4-** Last X-ray Showing Callus and Malunion